

Subject: From the Nurse

Date: Tuesday, March 10, 2020 at 8:00:00 AM Eastern Daylight Time

From: Roy, Joe

To: Allison Latessa, Andrew Mui, Ayah Hassan, Aymara Calzado, Ben Rottman, Bilal Manzoor, Bridget Peters, Casella, Cassandra, Daniel Urbankowski, DeRay Gaskin, Eric Schau, Evan Villareale, Geraldine Nerney, John Flannery, Julia Kotyla, Kim Burns, Kimberly Bouchard, Kimberly Sandoval, Kristina Borg, Lateisha Medeiros, Leke Gashi, Maribel Ordonez, Matthew Messenger, Mohamad Jaber, Mulligan, Erin, Najla Muhammad-Jones, Nicole Ripoll, Olson Jean-Louis, Paulo Castanheira, Saus, Michelle, Sheryl Zamora, Siddharth Sharma, Steven Wilson, Tabor, Noelle, VanderMay, Ryan, Virginia Harbin, William Mark Nichol, Jersey City Administration

Dear
METS Teachers,

There

is a lot of concern about the Novel Coronavirus called COVID-19. I'd like to give you some quick guidelines to recognize if a student should be sent to the health office for evaluation.

- If a student looks feverish
- If a student has an intractable cough (a cough that will not stop)
- If a student becomes short of breath

Here

are things you can do to help prevent you and your students from contracting COVID-19

- Wash your hands with soap and water for at least 20 seconds, especially after blowing your nose, sneezing or coughing and before and after using the bathroom or preparing food
- Avoid touching your eyes, nose or mouth with unwashed hands.
- Stay home if your are sick
- Cover your cough or sneeze with a tissue and then throw the tissue away. (then wash your hands)

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